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To Change a Mind: Parenting to Promote Maturity in Teenagers is a follow up to Dr. McKinnon's An Unchanged Mind: The Problem of Immaturity in Adolescence. The book provides strategies for sound parenting and options that are available for dealing with troubled adolescents.

To Change a Mind: Parenting to Promote Maturity in Teenagers

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The book explains that parental recognition and limit-setting work together to promote maturity. Packed with examples and sensible and practical advice for parents of pre-teens and teenagers, To Change a Mind is an essential guidebook for parents seeking to make their lives--and the lives of their children--richer and more fulfilling, as the ...